

Share the Wealth

“Music and Movement in Physical Education”

Holly Nies and Rodney Harshbarger

Old King Elementary School, Flagler County, Florida

Get Funky	Learning Station
Body Boogie	“Get Funky”
Here we Go Loopy Loo	Learning Station
Head Shoulders Knees and Toes	“Loopy Loo”
Keep Movin’	
Stand on your Toes	Greg and Steve
Bop until you Drop	“Kids in Action”
Get Ready, Get Set, Let’s Dance	
12 Days of P.E.	L.S. “Physical Ed”
Button Factory	Learning Station
Singin’ in the Rain	“Rock n’ Roll”
Animal Action 1	Greg and Steve
Animal Action 2	“Kids in Motion”
The Freeze	
Swimming Song	L.S. “Tony Chestnut”

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High energy physical education with beach balls and balloons.
Edward Walkwitz, Southeastern Louisiana University, 2009 Share the Wealth Physical Education Conference, Jekyll Island, Georgia.

Planning vigorous and safe physical education activities when the budget is limited presents a challenge to many physical education teachers. Providing specialized sport balls, playground balls, and rubber skin covered sponge balls to each student in a class of 20 to 35 children can easily total several hundred dollars. Inflatable beach balls (which typically sell in the \$1 to \$3 range depending on size and quality) and round balloons (which cost a few pennies each) provide cost-effective alternatives for quality manipulative skill and game experiences for elementary and middle school children. The lightweight nature of beach balls and balloons is also an advantage to the physical education teacher who must transport equipment between two or more schools. Beach balls and balloons may also reduce the likelihood of injuries when compared to using harder and heavier throwing, kicking, and striking objects. This presentation will introduce a wide range of fast moving and vigorous activities utilizing beach balls and balloons that can be enjoyed by children of all ability levels. The learning experiences presented will stress maximal participation, little or no waiting for turns, and make use of other inexpensive equipment (or homemade equipment or no additional materials at all). Each participant will also be provided a detailed handout of the activities presented. Come prepared to move, exercise, actively participate, and have a great time!!!

Types of activities that may be presented include:

- 1) Individual learning tasks
- 2) Partner & small group activities
- 3) Circle formation challenges
- 4) Cooperative group activities
- 5) Games & team experiences
- 6) Beach ball & balloon play to music
- 7) 75% beach ball activities / 25% balloon tasks

Presented by:
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Games Making: Helping students understand skill and strategy

As teachers struggle to help students play “a good game” within PE, they are often hamstrung when students can’t see to get the key strategies, like “getting open”, and “moving into space”. Games become a log jam of bodies all bunched up with poor execution.

This presentation will introduce the concept of “games making” as a potential way for teachers to help their students become better games players – through designing games that “work for them”.

The session will explain briefly some of the key rules of games making, and will address some of the misconceptions that teachers might have about the process.

The remainder of the session will introduce a number of games that students have designed – and will take the audience from the original version of the game to its completed edition.

The focus will be on two games – one an invasion game, the second, a batting and fielding game.

Participants will be given the opportunity to make their own game during the session – working in small groups following a pedagogical pattern that they can then model with their own students.

Topic Area Child Sexual Abuse prevention

Length of Presentation (Check One)

25 minutes

50 X

Your Name, Position Nikki Berger

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Exhibitor: _____ Yes No If Yes, Company Name

Workshop Description:

The Coach's Job: Shifting the Responsibility of Child Sexual Abuse Prevention from Children to Adults

Child Sexual Abuse is no longer society's darkest secret. It has been shown that 1 in 4 girls and 1 in 6 boys will be sexually abused before their 18th birthdays. All adults who work with and have responsibility for youth can protect children from this horror; they just need the courage and tools to do so. Adults that work with children of all ages in sports and recreational leagues especially need this training, as boys frequently disclose abuse to coaches.

Using a PowerPoint presentation, conference participants will learn about the underlying statistics and consequences to children and our society resulting from child sexual abuse. They will learn about a revolutionary sexual abuse prevention training program, the Stewards of Children, focused on educating all adults to prevent, recognize, and react responsibly to child sexual abuse. Participants will also understand the philosophy and the uniqueness of the Stewards of Children program as well as how it works to increase knowledge and attitudes in order to change behaviors to protect children. Several clips from the training video will be shown, including survivor's stories of hope and healing as well as professionals that deal with the issue regularly. Participants will receive Darkness to Light's "7 Steps to Protecting our Children" booklet and information on how they can provide the Stewards of Children training to staff, volunteers, and parents.

Cool Games for Rainy Days

Sr. Jean Marie Craig

Xavier University of Louisiana

Rain Drops keep fallin' in the spring and your school does not have a gymnasium, or even worse, you have a gymnasium but the entire student body will spend the afternoon there, so its class time and conflict set-up time. Don't fret! It is time to challenge your students with pencil and paper. Give your students a positive learning experience and have fun at the same time. According to Gordon (2008) "Among the reasons for using games as a tool in education are that they motivate students, teach different concepts, give opportunities to make decisions and solve problems. ". Games have been known to help children improve language arts skill, linguistics, math, science and sports skills, especially vocabulary. It is sometimes easier to motivate a child to play a game in math or sports than it is to get him/her to sit down and complete an academic work sheet. Some academic games are designed to test a student's knowledge in a specific subject area. All children like to play; it is a natural part of being a young. Games can and should be more than just work and/or drills. They should be interesting, educational and challenging. It is a good way to keep children interested and learning. The activities do not have to be expensive or difficult. Anyone, teachers and students alike can create learning games. So, on a rainy day bring the fun into your classroom. Use the activities to show your students the fun side of learning. With a little imagination a rainy day can become a day of fun, interest, creativity and learning.

The participants are invited to join in the games and have fun. Remember, these games do not take the place of a physical education activity class, they are used when "all else fails". They can also be used for the few minutes students have to wait for the bell to ring, the school bus to come, or waiting for the next assignment. Most of the games you will find simple, quick and fun to do. A real cure for the rainy day blues.

Gordon, A. K. (1970). *Games for Growth: Educational Games in the Classroom*. IN http://eric.ed.gov/ERICWebPortal/custom/portlets/recordDetails/detailmin.jsp?_nfpb=tru.

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Fitness-FUN!!!

Presenter:Ms. AdiDavidian-MargoliasM.Ed

Session Description:

“This is FUN!”

...When was the last time you heard your students making such a statement while engaged in fitness activities??...

Join me for a seminar focusing on fitness games and activities that are fun, interesting, meaningful, and relevant to elementary school level. These games will help to improve the most essential elements of fitness such as cardiovascular and muscle endurance, strength and motor skills. It will also reinforce healthy choices and wellness principles that students can incorporate into their lives.

The activities can be adapted for the amount of equipment that is available, but certainly will draw on and maximize students’ participation.

The fitness activities will utilize game elements that allow all students the opportunity to be successful while focusing on physical fitness. This instruction method maximizes students’ enjoyment and intrinsic motivation.

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WILD AND WACKY WARM-UPS!

Sheree Abood, Babby Dashiell, Dana Marsal, Patsy Sikes
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Are you tired of doing the same warm-ups with your students, day in and day out? If so, then plan on attending our "Wild And Wacky Warm-Ups!" presentation. You will participate in several different individual, partner, and group warm-up activities using a variety of equipment or no equipment at all. Hopefully, you will leave this session with a greater understanding of how important it is to get students moving as soon as they arrive at their P.E. destination. Through our experiences, students seem to focus better if they move first and then are required to sit still for several minutes listening to directions. A few of the warm-ups / activities that you will participate in are: musical hoops, partner challenges, offense/defense, fitness speedway, side by side tag, frogs across the pond, fly in the web, great race, tag games, etc. just to name a few! "Wild And Wacky Warm-Ups!" will be enlightening, entertaining, and energizing . . . so come join us!

2009 SHARE THE WEALTH PHYSICAL EDUCATION CONFERENCE
for Elementary, Middle, and High School

ABSTRACT

Program Title: What Teachers Need More Of...Time To Teach!
Presenter: Susan J Stewart, Ph.D.

Time, it has been said, is the coin of learning. Yet every teacher has known the frustration of losing valuable instruction time to matters of discipline, just as every student has known the frustration of losing valuable learning time to matters of discipline. For some teachers and for some students, the amount of time lost is great. This program will present strategies proven to restore that time lost to teachers and students in a way that is simple, fair, and mutually respectful.

Good disciplinarians – at home and at school – promptly address minor problems in order to prevent major ones. Effective teachers realize that good discipline begins with the “little stuff.” Yet there are very few strategies available focused on the low-level behaviors impacting every classroom almost every minute of the day – and often preceding far more challenging and aggressive behavior! Time to Teach is an evidence based, classroom management model which uses practical, proven and powerful strategies. All are researched, are ready to use, and have been successful in elementary, middle and high schools across the country. Come see how you can expand your “time to teach”!

Hands on Health

Danielle DiFiore, Pat Rogers, Matt Holt, Steve Sisk, Matt Deveaux, Tim Bott, Ph.D.

The need for health education and personal fitness is in high demand. The current snapshot of health in the United States is not very positive. For example, the Surgeon General (Satcher, 2000) estimated that the total cost of diseases associated with obesity were at almost \$100 billion per year and this amount has been fairly consistent for the last seven years. It is an understatement to say that there is a need to educate young people about issues related to health/personal fitness and it is time to move more students towards the goal of an improved quality of life.

Students have a tendency to think that they are invincible and bad things will only happen to someone else. It is challenging to motivate school-aged children to take responsibility for his/her health and wellbeing. This is especially true when we try to get students to project 30 to 40 years into the future in an attempt to make them realize that the choices they make now will impact them later in life (Williams, Haragones, Johnson, & Smith, 2005).

One way to get the students' attention is to develop a "hands" on approach to delivering health and wellness content. This interactive session will address the health related issues of obesity, smoking, nutrition, and personal fitness/physical activity. The session is designed to increase awareness of critical health issues and to provide new ideas to accomplish goals consistent with Healthy People 2010. The person that attends this session will walk away with the resources and ideas to deliver health related content in an energized format that may encourage more students to make informed decisions.

Meaningful Integrated Activities for Elementary School Students
Ann Klinkenborg, Ellen Martin, Jeanine Fittipaldi-Wert
Columbus State University, Department of Physical Education and Exercise Science

The way children learn and draw meaning from the instructional context has intrigued curriculum specialists in all areas of education. Exposing children to content that goes beyond conventional subject-matter domains by focusing on broad topics that fuse together curriculum segments into meaningful associations assists students in recognizing how the content taught in schools is relevant to everyday experiences. By using an integrated approach, physical education can provide creative opportunities to unify concepts from various disciplines. Thus, this presentation provides examples of integrated curriculum ideas that focus on the subject-matter areas of math, English, science, fine arts, social studies, and physical education.